



ST LUKE'S
HOSPICE

St Luke's Hospice
92 Harfield Rd, Kenilworth 7708
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Email: referrals@stlukes.co.za

APPLICATION GUIDELINES

WHEN IS REFFERAL TO ST LUKE'S HOSPICE INDICATED?

- Progressive, incurable disease
- Additional palliative care needed
- Answering 'no' to the question – 'Would death in the next 12 months come as a surprise?'
- The central person is the patient who must give consent

SERVICES PROVIDED

- Quality hospice palliative care at home or day hospice clinic
- Specialized in-patient unit for short term care (2 weeks)
- Interdisciplinary team - doctors / nurses / social workers / volunteers
- Bereavement support

WHAT IS HOSPICE PALLIATIVE CARE?

- Palliative care for people with a life expectancy of months rather than years
- The emphasis is on caring and not curing
- Usually provided at home
- Can be provided in a specialized care facility

WHAT IS PALLIATIVE CARE?

- An approach to the care of people with progressive, incurable illness

The focus is on:

- Improved quality of life for both patient & family
 - Relief from pain and other symptoms
 - Physical, emotional, social and spiritual support
 - Relief from suffering and the promotion of dignity while living
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- **Palliative Care affirms life and intends to neither hasten nor postpone death**

APPLICATION PROCEDURE – 2 forms

- Part 1 – patient to complete + sign
- Part 2 – doctor to complete (include as much info as possible)
- St Luke's will confirm receipt
- A registered nurse will visit the patient at the earliest opportunity.

PLEASE NOTE THIS IS NOT AN EMERGENCY OR NURSING SERVICE.

ALL APPLICATIONS WILL BE REVIEWED BY THE INTERDISCIPLINARY TEAM BEFORE ACCEPTANCE.

St Luke's reserves the right to exclude admission or transfer patient if their needs are beyond the scope of our expertise or resources.

EXCLUSIONS

- Stroke
- Dementia
- Psychosis
- Alcohol / Drug withdrawal

FAX OR EMAIL TO: 086 548 3867 / referrals@stlukes.co.za

REFERRAL CRITERIA & SERVICES PROVIDED

ST LUKE'S KENILWORTH

<p>COMMUNITY CARE</p> <ul style="list-style-type: none"> • Registered Nursing Sister – 1st contact • Home visits • Group support • ADVISORY SERVICE • NOT BEDSIDE NURSING 	<p>INPATIENT WARD – 10 beds</p> <p>REASONS FOR ADMISSION:</p> <ul style="list-style-type: none"> • Maximum 2 weeks • Pain & symptom control • Family respite • Terminal care
<p>ADMISSION CRITERIA</p> <ul style="list-style-type: none"> • Advanced life threatening illness • 12 yrs and older • INCURABLE CANCER • END STAGE CHRONIC ILLNESS** • END STAGE HIV/AIDS 	<p>**CHRONIC ILLNESS** - ONLY IF: bedbound / symptomatic at rest / unresponsive to maximal medical treatment / not a candidate for transplant</p>

AREA SERVED: SPECIFIED AREAS OF GREATER CAPE TOWN

ST LUKE'S HOME BASED CARE

ADMISSION CRITERIA – patients are referred via the Department of Health Clinical Programme Coordinators from clinics and community health centres.

SERVICE PROVIDED – Home– based carers visit patients in their homes under supervision of a RN.

AREAS SERVED – SPECIFIED AREAS OF GUGULETU + KHAYELITSHA

LIZO NOBANDA

ADMISSION CRITERIA – patients with **MDR-TB** are referred via clinic doctors at Khayelitsha Day Hospital, Médecins Sans Frontières (MSF), Michael Mapongwana and Khayelitsha Site B Community Health Centres.

SERVICE PROVIDED – in-patient treatment for **KHAYELITSHA** patients with **MDR-TB ONLY**